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Brugada syndrome unmasked by a shift of right precordial leads

40 year old man was admitted to the emergency department for syncope. He had no previous episodes. The initial assessment revealed a blood pressure of 120/80 mm Hg and a heart beat of 70 beats/min. The examination revealed no abnormality. The laboratory tests showed a moderate increase in serum lactate (23 mg/dl, 2.55 mmol/l). The first ECG undertaken by a student revealed a rate of 70 beats/min and a coved ST segment elevation of 1.5 mm in V1 and V2 leads followed by a negative T wave. The second ECG performed by a nurse revealed a rate of 70 beats/min and a normal repolarisation.

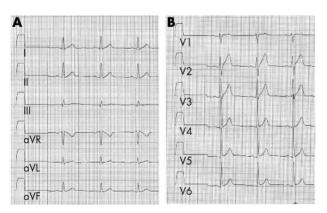
We then performed an ECG with the right precordial leads placed in the fourth intercostal space (panels A and B), and in the third and second intercostal spaces (panels C and D). These modifications unmasked ECG abnormalities suggestive of a Brugada syndrome: the type 2 pattern (panel C) with a saddleback-type ST segment elevation in V1 and V2 leads and a positive or biphasic T wave; and the type 1 pattern (panel

D) with a coved ST-T segment elevation ≥ 2 mm (0.2 mV) in V1 and V2 leads followed by a negative T wave.

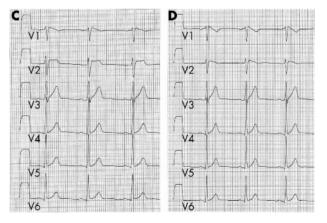
Placement of the right precordial leads in a superior position (up to the second intercostal space above normal) can increase the sensitivity of the ECG for detecting the Brugada phenotype, both in the presence or absence of a drug challenge.

A programmed electrical stimulation was performed on our patient and a sustained ventricular arrhythmia was induced. Following recommendations, the patient received an implantable cardioverter-defibrillator.

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ECG with the right precordial leads placed in the fourth intercostal space $(A,\,B)$.



ECG with the right precordial leads placed in the third (C) and in the second (B) intercostal space.